

opportunities for supporting SEL. Teachers can embed SEL strategies into their lessons by using:

1. Welcoming and inclusion activities to set the tone
2. Engaging strategies for sense making, transitions, brain breaks
3. Optimistic closure for reflecting and looking forward

If you are working with adults from different cultures, it is important to recognize and address their diverse backgrounds. The activities promoted in the [SEL 3 Signature Practices Playbook](#) are built upon and aligned with the principles of adult learning, including Restorative Justice (RJ), Positive Behavior Interventions and Supports (PBIS), and trauma-informed practices. Check out more activities to inspire adult learners [here](#).

Additional SEL resources:

[SEL in Interactions with Students and Families](#)

[Hear from Parents: Real Stories, Real Families](#)

[An Introduction to Social and Emotional Learning](#)

[Penn State Research on Teacher Professional Identity Development](#)

Literacy Around the World



How literacy educator Rita Rani Sarker transforms lives of adult learners

Rita Rani Sarker, along with 65 other literacy educators, participated in this eight day online and in-person training organized by the UNESCO Institute for Lifelong Learning, the UNESCO Dhaka Office, and Rangpur's Non-Formal Education Resources Team.

[Read More](#)



Reengaging with the international adult learning and education community

With its acceptance as the 194th member of UNESCO this past July, the United States is poised to engage officially with governmental and civil society partners from around the globe. As officials reestablish the U.S.

position in UNESCO after a six-year absence, and in observance of International Literacy Day on September 8, U.S. adult educators will want to catch up with the latest news from the global adult learning and education community.

[Read More](#)



Have fun learning as a family with UIL's new online course

The UNESCO Institute for Lifelong Learning (UIL) has just launched a microlearning course aimed at parents and caregivers called Fun with Family Learning. Online and self-paced, this program of short modules aims to provide parents and caregivers with support and fun ideas for learning with their children at home.

[Read More](#)

AEFL Week in Review



National Adult Education & Family Literacy Week

From captivating discussions to resource-sharing, the [National Adult Education & Family Literacy Week](#) from September 18-22 was a resounding success. Celebrating the impact of literacy across generations, the week underscored the importance of continuous learning in our communities.

During the week, COABE aired special daily **podcasts**. Top experts, led by Dr. Jeffrey Abramowitz, shared valuable insights. If you missed them, it's not too late to tune in [here!](#)

[Resources](#)



Health Literacy Spotlight!

Learn to navigate health factors and turn your program into a health-literate hub with [this handy guide](#). Also, check out key tips and resources as you support health outreach in your community [here](#)!



Genre Joy: Boosting Family Literacy!

Reading with children enhances their language skills, but the variety of books matters. Different genres stimulate unique conversations and learning depths. Read more about how to diversify your child's reading experience in this [article](#).

What's new at the Institutes?

New Director of Workforce Development at the Institute for the Study of Adult Literacy



Chrissie Klinger, M. Ed., boasts 20+ years in K-12 and adult education, from tutoring to administration. Currently the Workforce Development Director at Penn State University's Institute for the Study of Adult Literacy, she guides projects supporting Pennsylvania's adult education initiatives. Klinger contributes as a LINCS moderator, has published in COABE journals, and sits on the National Coalition for Literacy board. She holds a master's in Learning, Design, and Technology from Penn State and is certified in offender workforce development and global career facilitation.

The Goodling Institute welcomes three new Graduate Assistants



Erika Mazzoli has been



Jaeung Kim, with a B.A.



Mai Atta is a writer and

teaching German and Italian as a Second Language at the public school for adult learners, CPIA Ferrara, for six years. She has also served as an assistant principal, coordinator of literacy teaching staff, European projects and the school self-evaluation team. Currently, she is studying for a Ph.D. in Lifelong Learning and Adult Education at Penn State, where she is focused on international adult education policies, and family literacy. Erika obtained her Ed.M. in English and German from the University of Bologna, and her German Teaching Degree from the University of Modena and Reggio Emilia.

and M.A. in Education from Seoul National University, South Korea, has a strong educational background. He previously worked at Korean national institutions for adult education, including the National Center for Adult Literacy Education (NCALE) and Korea National Open University (KNOU). Currently, Jaeung is pursuing a Ph.D. in Lifelong Learning and Adult Education. His research interests are critical pedagogy, social movement education, and education governance.

educator with a Bachelor's degree in Marketing & International Business from the Arab Academy for Science and Technology in Cairo, Egypt. Her expertise spans research, data collection, curriculum development, and facilitation. She's passionate about social movement learning, youth development, resilience in conflict, culture, identity, and evidence-based interventions. Mai is currently a Doctoral Candidate at the Adult Education and Lifelong learning program at Penn State.

Spring 2024 Online Certificates

Check out the Penn State Spring 2024 Family Literacy and Adult Basic Education Online Certificates.

12-credit hours Fully online Scholarships available

Elevate your education and career from anywhere!

[More Information](#)

Upcoming Events and Conferences

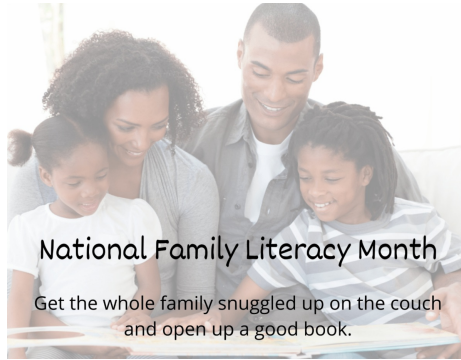


October is Health Literacy Month

Every October, we celebrate Health Literacy Month - a time to recognize the importance of making health information easy to understand and the health care system easier to

navigate.

Get Involved!



November is Family Literacy Month

Family Literacy Month highlights and reminds us of the importance of taking time to read, learn, and have fun together as a family. So, gather the family. Snuggle together. Read. Play a game together. Take a walk and explore your community. Draw a family portrait. Tell stories and sing songs. Just take some time to be together. Check with your local libraries for more activities.

Get Involved!



PAACE - 2024 Conference Pittsburgh

Pennsylvania Association for Adult Continuing Education (PAACE) will hold the 2024 conference in Pittsburgh from April 14 to 16. The conference will provide adult educators with great opportunities to explore the potential of adult education as a bridge to a solid future.

Register

Visit the Institute for the Study of Adult Literacy

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Visit the Goodling Institute for Research in Family Literacy

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Penn State Career and Family Pathways

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